

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 400M FREESTYLE MEN							Heat:2, starttime: 09:05	
Heat: 2/4 Lane : 8 Athlete: DEVRIESE JONATHAN							Q-time: 04:13:03	
PB (25m pool): 4:13.03 Diksmuide 12 Oct 2025				PB (50m pool): 4:38.71 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		27.94		58.72		1:31.00		2:03.72
	27.94		30.78		32.28		32.72	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:36.11		3:09.32		3:41.44		4:13.03
	32.39		33.21		32.12		31.59	
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN							Heat:6, starttime: 09:40	
Heat: 6/7 Lane : 6 Athlete: VANDERSCHRICK STEPHAN							Q-time: 00:26:84	
PB (25m pool): 26.58 Oberkorn 26 Nov 2023				PB (50m pool): 27.90 SB:				
	2 5 M		5 0 M					
PB			26.58					
	26.58							
								

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN							Heat:1, starttime: 09:45	
Heat: 1/6 Lane : 4 Athlete: VANDERSCHRICK LAURA							Q-time: 01:07:80	
PB (25m pool): 1:04.51 Differdange (LU 4 Dec 2021				PB (50m pool): 1:07.45 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		30.55		1:04.51				
	30.55		33.96					
								

Coach feedback:

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Event number: 22: 100M BREASTSTROKE WOMEN					Heat:3, starttime: 10:30
Heat: 3/6 Lane : 7 Athlete: MESTDAGH LAURE					Q-time: 01:15:31
PB (25m pool): 1:15.31 Brugge 19 Oct 2024					PB (50m pool): 1:18.87 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		35.56		1:15.31	
	35.56		39.75		
					

Coach feedback:

Event number: 24: 50M BUTTERFLY WOMEN					Heat:5, starttime: 10:55
Heat: 5/6 Lane : 3 Athlete: HOSTE CELESTE					Q-time: 00:28:58
PB (25m pool): 29.16 Gent 10 Nov 2024					PB (50m pool): 28.58 SB:
	2 5 M	5 0 M			
PB		29.16			
	29.16				
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN					Heat:7, starttime: 11:05
Heat: 7/9 Lane : 2 Athlete: VANDERSCHRICK STEPHAN					Q-time: 00:50:92
PB (25m pool): 50.50 Oberkorn 26 Nov 2023					PB (50m pool): 51.59 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.45		50.50	
	24.45		26.05		
					

Coach feedback: